



# The LIFT Process: Pathways for Supporting Your Child

## Are you concerned over your child's progress?

Consult your GP

YES

Is this a medical concern?

NO

Have you discussed your concerns with the school?

YES

Is the school concerned with your child's progress?

NO

Discuss your concerns with the school\*<sup>1</sup>.  
Ask the school what strategies and/or interventions are in place.  
For next steps, find and read the SEND Policy on the school website\*<sup>2</sup>.  
Do the school consider your child to be making progress?

NO

Review impact of strategies and / or interventions. Does the school have ongoing concerns over your child's progress?

YES

The school may continue to provide a range of strategies and / or interventions and monitor your child's progress through a minimum of three review cycles in line with the Local Offer.

Do you still have concerns over your child's progress?

NO

NO

YES

School may request external support via agencies such as LIFT, which may trigger specialist support or further assessments. Are there still ongoing concerns about your child's progress?

YES

Request a meeting with SENCo\*<sup>3</sup>  
Consider your options through Kent Local Offer <http://www.kent.gov.uk/education-and-children/special-educational-needs>  
Contact Information Advice and Support Kent (IASK) - 0300 041 3000  
*(If you are not satisfied with the outcome, follow the school complaints procedure\*<sup>4</sup>)*

Discuss your child's progress at regular parent consultation meetings.

NO

Are you concerned over your child's progress?



# Signposts and Pathways for Supporting Your Child

## *Key Staff, Additional Contacts and Information*

\*1

First Point of Contact  
The Class Teacher

\*2

SEND Policy and Information Report  
<http://www.mersham.kent.sch.uk/about-us/policies/>

\*3

Special Educational Needs Coordinator  
Mrs Wilson (SENCO)  
01303 720449

\*4

School Complaints Procedure  
<http://www.mersham.kent.sch.uk/about-us/policies/>

### SUPPORT FOR YOUNG PEOPLE AND THEIR PARENTS/CAREGIVERS

**Time To Change** - Talking about mental health – [www.time-to-change.org.uk](http://www.time-to-change.org.uk)

**Young Minds** - Mental health support – [youngminds.org.uk](http://youngminds.org.uk)

**Stonewall** - LGBTQ support – [www.stonewall.org.uk](http://www.stonewall.org.uk)

**Kooth** - Online counselling for students – [www.kooth.com](http://www.kooth.com)

**Eating Disorders** – help for young people  
[www.nelft.nhs.uk/services-kent-medway-eating-disorders](http://www.nelft.nhs.uk/services-kent-medway-eating-disorders)

**Childline** – Call 0800 1111 (24/7 helpline)

**Samaritans** – Call 116 123 (24/7 support line)

**Mental Health Matters** – 0800 107 0160 (24/7 helpline)

**Saneline** – 0300 304 7000 (4.30 pm – 10.30 pm helpline)

**Kent and Medway Partnership Trust (KMPT)**

NHS and Social Care – Single Point of Access (SPA)

0300 222 0123 – referral line for NHS Mental Health Services