

Structured Timetable



Up,
dressed and
ready for the
day – including
having a
healthy
breakfast



Reading



Free time



Focused
learning
activities



Free time



Focused
learning
activities




Lunch



Choose a
topic or
activity to
research/
explore
together


What went well today?

Less structured Timetable





9:00

Up, dressed and ready for the day – including having a healthy breakfast



9:00
↓
9:20


Reading or walk



9:20
↓
9:35



Focused activity

1



9:35
↓
10:00

Free choice



10:00
↓
10:15


Focused activity

2



10:15
↓
10:30

Creative time
(Lego, colouring etc)



10:30
↓
10:45

Focused activity

3




10:45
↓
11:30

Board games together



11:30
↓
12:15


Lunch – perhaps encourage your child to help prepare the food!



12:30
↓
12:45



Focused activity

4




12:45
↓
1:30

Free choice



1:30
↓
2:00


Physical activity: playing outside, family fitness session, a walk to the park



2:00
↓
2:15



Focused activity

5



2:15
↓
3:00


Baking



3:00
↓
3:15


Focused activity

6



3:15
↓
4:00

Free choice



What went well today?