

## Parent Pathway for Support (SEN pupils)

\*1

First Point of Contact

The Class Teacher

\*2

SEND Policy
http://www.mersham.kent.sch.uk/about-us/sen/

\*3

Special Educational Needs Coordinator/SENCO Assistant

Mrs Wilson (SENCO)

01233 720449

\*4

**School Complaints Procedure** 

http://www.mersham.kent.sch.uk/about-us/sen/

## SUPPORT FOR YOUNG PEOPLE AND THEIR PARENTS/CAREGIVERS

Time To Change - Talking about mental health – www.time-to-change.org.uk

Young Minds - Mental health support – youngminds.org.uk

Stonewall - LGBTQ support – www.stonewall.org.uk

Kooth - Online counselling for students – www.kooth.com

**Eating Disorders** – help for young people www.nelft.nhs.uk/services-kent-medway-eating-disorders

Childline – Call 0800 1111 (24/7 helpline)

Samaritans – Call 116 123 (24/7 support line)

Mental Health Matters – 0800 107 0160 (24/7 helpline)

Saneline – 0300 304 7000 (4.30 pm – 10.30 pm helpline)

## **Kent and Medway Partnership Trust (KMPT)**

NHS and Social Care – Single Point of Access (SPA)
0300 222 0123 – referral line for NHS Mental Health Services