



Parent Pathway for Support (SEN pupils)

*1

First Point of Contact
The Class Teacher

*2

SEND Policy
<http://www.mershams.kent.sch.uk/about-us/sen/>

*3

Special Educational Needs Coordinator/SENCO Assistant
Mrs Wilson (SENCO)
01233 720449

*4

School Complaints Procedure
<http://www.mershams.kent.sch.uk/about-us/sen/>

SUPPORT FOR YOUNG PEOPLE AND THEIR PARENTS/CAREGIVERS

Time To Change - Talking about mental health – www.time-to-change.org.uk

Young Minds - Mental health support – youngminds.org.uk

Stonewall - LGBTQ support – www.stonewall.org.uk

Kooth - Online counselling for students – www.kooth.com

Eating Disorders – help for young people
www.nelft.nhs.uk/services-kent-medway-eating-disorders

Childline – Call 0800 1111 (24/7 helpline)

Samaritans – Call 116 123 (24/7 support line)

Mental Health Matters – 0800 107 0160 (24/7 helpline)

Saneline – 0300 304 7000 (4.30 pm – 10.30 pm helpline)

Kent and Medway Partnership Trust (KMPT)

NHS and Social Care – Single Point of Access (SPA)

0300 222 0123 – referral line for NHS Mental Health Services